



Event Monitor Instructions:

Your practitioner has ordered a 30 day event monitor. The monitor will be placed to help determine if your heart is related to the symptoms you are reporting. **The monitor may be removed to shower.**

You will be responsible to reapply the patches, push a button on the recorder when you feel a symptom, then call Biomedical Systems with events you have saved on your monitor. Detailed instructions will be covered at the time you are set up with your monitor.

Preparation:

- Freshly showered or bathed
- Chest is free of oils or lotions
- Wear loose fitting clothes, possibly a button down shirt