

COMMON LAB TESTS	SPECIMEN REQUIREMENTS
ALT/AST	None
BMP-BASIC METABOLIC PANEL (Na, K, Cl, CO <sub>2</sub> , Gluc, Bun, Creat, Ca)	Fasting Recommended (10-12 Hours)
CBC-COMplete BLOOD COUNT (White blood count, red blood count, hemoglobin, hematocrit, platelets and diff.)	None
CHOLESTEROL	Fasting required (10-12 Hours)
CLOSTRIDIUM DIFFICILE TOXIN	Stool- See stool collection instructions
CMP-COMPREHENSIVE METABOLIC PANEL	Fasting Recommended (10-12 Hours)
C-REACTIVE PROTEIN	None
CREAT CLEARANCE	Blood and 24 hour urine specimen. Obtain container and instructions from the lab
DIGOXIN	6 Hours after dose
ELECTROLYTES (NA, K, Cl, CO <sub>2</sub> )	None
ESR-SED RATE	None
FERRITIN	None
GENERAL HEALTH PANEL (CBC, CMP, TSH)	Fasting Recommended (10-12 Hours)
GLUCOSE	Fasting Required (10-12 Hours)
GLUCOSE PP	Follow providers instructions
GLUCOSE TOLERANCE 3 HOURS	Fasting Required (10-12 Hours) -must remain here for 3 hours
HDL CHOLESTEROL	Fasting Required(10-12 Hours)
HEMOGLOBIN	None
HEMOGLOBIN A1C	None
HEPATIC FUNCTION PANEL (ALP, AST, ALT, ALB, TBIL, TP)	None
HEPATITIS PANEL	None
HIV	None
HOMOCYSTEINE	Fasting (10-12 Hours)
INFLUENZA	Nasal Washing collected by lab staff.
IRON	None
LDL CHOLESTEROL	Fasting Required (10-12 Hours)
LEAD	None
LIPID (Cholesterol, Triglycerides, HDL, LDL, VLDL)	Fasting Required(10-12 Hours)
LYMES DISEASE	None
MONO	None
OCCULT BLOOD	Special containers required, pick up at lab.
OVA AND PARASITE	Special containers required, pick up at lab.
PERTUSSIS	Nasal Swab collected by Lab Staff
PLATELET	None
PRENATAL	None
PROTIME	None
PSA	None
PTT	None
RSV	Nasal washing collected by lab staff
STOOL CULTURE	Special containers required pick up at lab
TRIGLYCERIDES	Fasting Required (10-12 Hours)
TSH, FT <sub>4</sub> , FREE T <sub>3</sub>	None
URIC ACID	None
URINALYSIS	Sterile container, and wipes obtain from lab
URINE MICROALBUMIN	None
24 URINE PROTEIN	Refrigerated 24 hr urine specimen, obtain container from the lab.
VITAMIN B <sub>12</sub> & FOLATE	Fasting Recommended (10-12 Hours)
VITAMIN D	None