

protect yourself

**FLU
shot
clinics**

**open to
ALL ages**

Delaware County Public Health

Questions? Call 563-927-7551.

Thurs, Oct 3: 11 AM-1 PM	Senior Wellness Fair, Delaware County Fairgrounds Community Center, Manchester
Fri, Oct 11: By appointment only 563-933-6277 or 563-927-7551	Regional Family Health- Strawberry Point
Mon, Oct 14: 10-11:30 AM	Hopkinton Community Center
Tue, Oct 15: 10-11:30 AM	Delhi United Methodist Church
Tue, Oct 15: 10-11:30 AM	Greeley Commercial Club
Wed, Oct 16: 10-11:30 AM	Dundee Fire Station/Community Center
Wed, Oct 16: 10-11:30 AM	Earlville United Parish
Thu, Oct 17: 10-11:30 AM	Neighborhood Retreat, Manchester
Tue, Oct 22: 10-11:30 AM	Colesburg Community Center

Regional Family Health

Questions? Call 563-927-7777.

Sat, Oct 19: 8 AM-1 PM	Manchester
Sat, Oct 26: 8 AM-1 PM	Manchester
Sat, Nov 2: 8 AM-1 PM	Manchester
Sat, Nov 9: 8 AM-1 PM	Manchester
<i>If these times don't work for you, call one of our clinics for a personal appointment!</i>	

Flu shots are free with your Medicare card
and covered by most insurances.

A yearly flu shot is the most important step in protecting against the flu.