

Improving Our Community's Health

2013 Community Health Needs Assessment

Regional  Medical Center



Advisory Committee: Delma Hardin, RN, BSN; Valerie Lindsay, AA; Amy Mensen, MBA

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Introduction

Regional Medical Center

Founded in 1950 by the residents of Delaware County, Regional Medical Center (RMC) is backed with more than 60 years of medical experience. We are the largest employer in Delaware County with more than 400 employees. Serving as a Critical Access Hospital with a Level IV Trauma designation, our service area spans four counties and includes 25,000+ in population.



Service offerings include behavioral, cardiac rehab, dialysis, emergency, family practice, home care, hospice, inpatient, laboratory, massage therapy, nutrition, OB, pain management, parent education and support, public health, radiology, respiratory care, sleep study, specialty services, surgical, therapy, and wellness center. Satellite family practice services are also available in the surrounding communities of Edgewood, Hopkinton, Strawberry Point, and Winthrop.

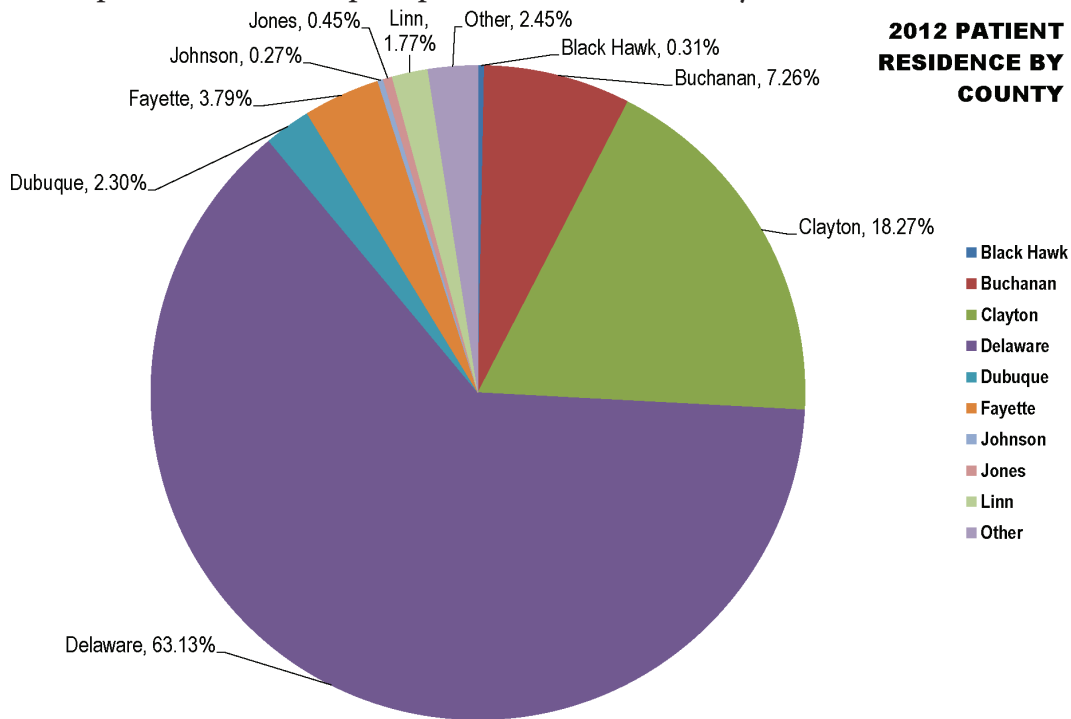
Our integrated healthcare delivery system includes 29 providers comprised of family practice physicians, advanced registered nurse practitioners (ARNP), and physician assistants (PA); a surgeon; Emergency Department ARNPs and PAs; ARNP and PA Hospitalists; and a multitude of clinical and business staff. An extensive network of over 60 specialists are available to provide services in our Specialty Clinic in Manchester. See “Attachment I: Specialty Clinic” for detailed service offerings in the Specialty Clinic.

Our commitment to our mission, *Dedicated to improving the health of our communities through professional and personalized care*, is recognized through the loyalty, support, and continued growth of our healthcare system. We continually search for innovative and efficient methods of care that will make it possible for us to meet our patients’ expectations and fulfill our commitment to healthcare excellence.

Community Description

Service Area

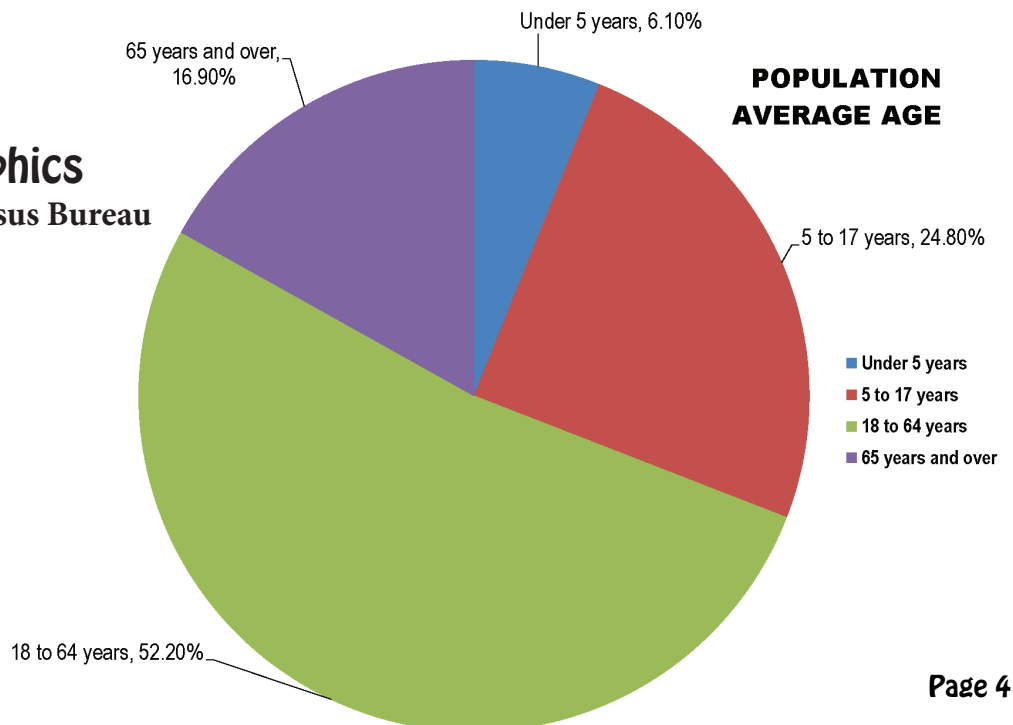
The community we serve as defined for the Community Health Needs Assessment (CHNA) is based on the primary service area of our hospital. For purposes of this assessment, Delaware County serves as our community. As shown below, the Iowa Hospital Association Dimensions Report indicated 63.13 percent of our hospital patients from calendar year 2012 resided in Delaware County.



Population Demographics

As reported by the U.S. Census Bureau
State & County QuickFacts
2012 Estimate

The total population of Delaware County is 17,574.

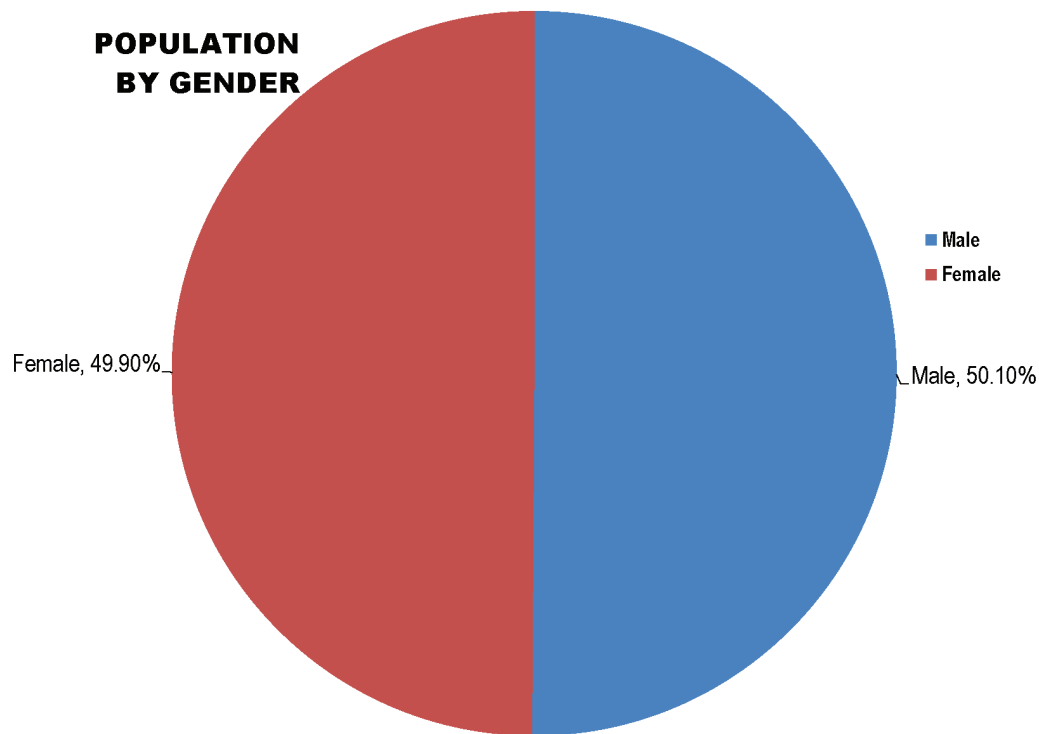


Community Description

Population Demographics (continued)

As reported by the U.S. Census Bureau State & County QuickFacts 2012 Estimate

Ethnicity		
	Delaware County	Iowa
White	98.60%	93.00%
Black	0.40%	3.10%
American Indian and Alaska Native	0.10%	0.50%
Asian	0.30%	1.90%
Native Hawaiian and Other Pacific Islander	0.00%	0.10%
Person reporting 2 or more races	0.60%	1.50%
Hispanic or Latino Origin	0.90%	5.20%
White, not Hispanic	97.80%	88.00%



Community Description

Socioeconomic Characteristics

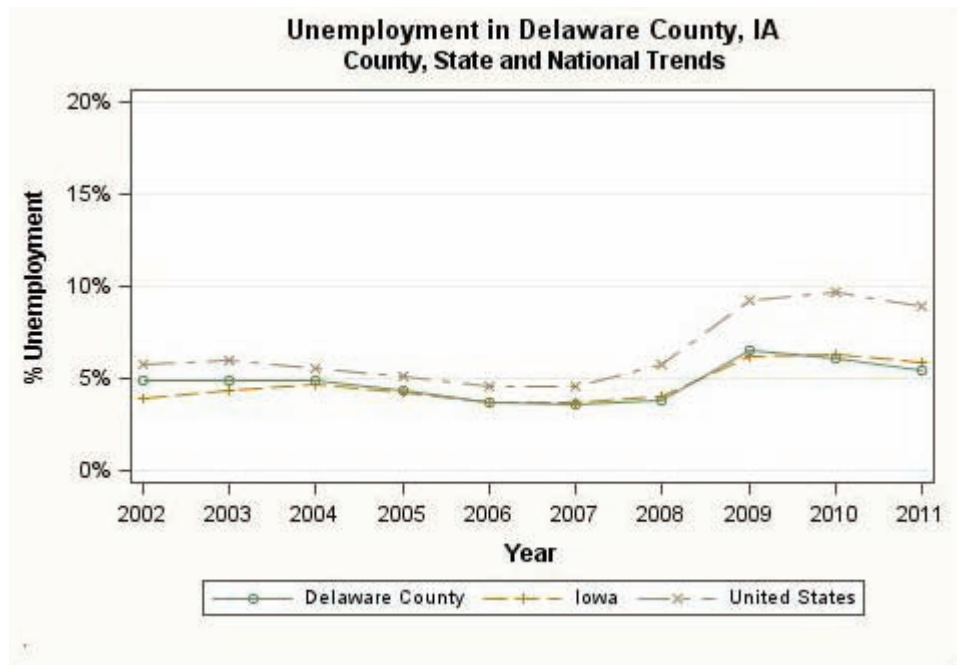
Income

The median household income in Delaware County is \$49,375 whereas the statewide median is \$50,451 as reported by the U.S. Census Bureau State & County QuickFacts, 2007-2011 data.

Description: The median divides the income distribution into two equal parts: one-half of the cases falling below the median income and one-half above the median. For households and families, the median income is based on the distribution of the total number of households and families including those with no income. The median income for individuals is based on individuals 15 years old and over with income. Median income for households, families, and individuals is computed on the basis of a standard distribution.

Unemployment

According to the Iowa Workforce Development, the unemployment rate for Delaware County improved from 5.2 to 4.9 in March 2013. Compared to the national average of 7.6 percent and State average of 4.9, Delaware County is doing well. Education and health industries are leading the way with the most growth of employment.



Uninsured

According to the 2010 Small Area Health Insurance Report with the U.S. Census Bureau and the Centers for Disease Control and Prevention, 11 percent of Delaware County residents are uninsured whereas the state percentage is 10.7.

2010 STATE and COUNTY estimates of people with and without health insurance coverage by: ages 0-64, 18-64, 40-64 and 50-64; female, male, and both sexes; all incomes and income-to-poverty ratios (IPR) less than or equal to 138, 200, 250, and 400 percent of the poverty threshold; measures of uncertainty of the estimates; and, for states only: White not Hispanic, Black not Hispanic, and Hispanic (any race).

Community Description

Socioeconomic Characteristics

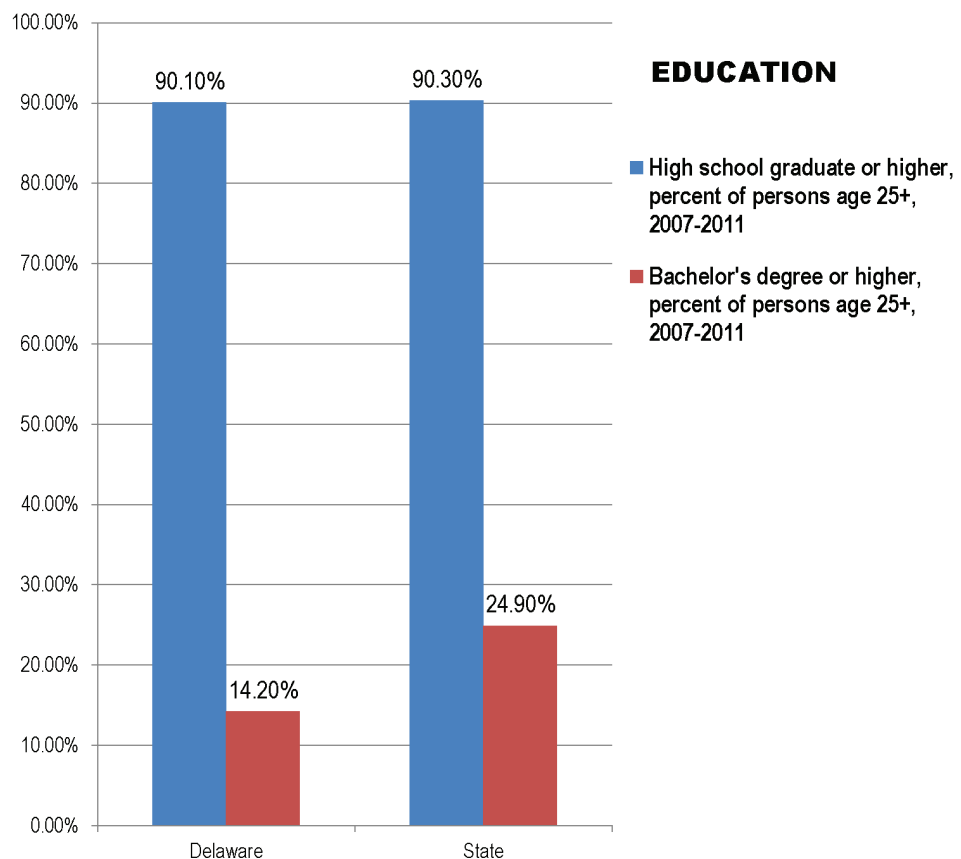
Major Employers

Top 10 Employers in Delaware County as of October 3, 2012 according to Delaware County Economic Development.

Rank	Organization	Employees	Type
1	Regional Medical Center	403	Service
2	Exide Technologies	372	Manufacturing
3	FarmTek	300	Manufacturing
4	Henderson Products	257	Manufacturing
5	Rockwell Collins	245	Manufacturing
6	Good Neighbor Home Society	242	Service
7	West Delaware Community Schools	232	Government
8	Bradco, McMillen & The Major	228	Manufacturing
9	XL Specialized Trailers	202	Manufacturing
10	Maquoketa Valley Community Schools	145	Government

Education

As reported by the U.S. Census Bureau State & County QuickFacts, 2007-2011



Process and Methods

Taskforce Members and Experience

RMC utilized the following professionals within the process of the CHNA for 2012-2013 to perform research, conduct interviews and surveys, and identify and prioritize the healthcare needs documented in this report.

RMC CHNA Advisory Committee

- Delma Hardin, RN, BSN, Delaware County Public Health Manager
- Valerie Lindsay, AA, Marketing Coordinator
- Amy Mensen, MBA, RMC Chief Administrative Officer

Community Input and Surveying

RMC engaged several tactics to ensure different members of our community were contacted, including those knowledgeable about healthcare needs.

Senior Health Fair (October 4, 2012)

RMC began the surveying process by attending the annual Senior Health Fair in Manchester, to query attendees and inform them of the CHNA being conducted by the hospital. There were 183 attendees at the fair and contact was made with many of them, distributing informational flyers directing them to contact RMC with any additional healthcare needs they identify.

2013 RMC Strategic Planning Meetings (November 6-8, 2012)

A targeted focus group, Health of Our Communities, met at the annual RMC Strategic Planning Meeting where key members of the organization and Board of Trustees discussed the future needs and actions to ensure our service area's healthcare needs continue to be met. Specific areas discussed in this focus group included:

- Access to health services and support
- Acute diseases
- Addictive behaviors
- Chronic disease
- Demographics
- Environmental health
- Healthy living
- Injury and violence
- Mental health and mental disorders
- Preparedness and response

Process and Methods

Community Input and Surveying (continued)

Phone Interviews (January 1 — February 28, 2013)

Five standard questions were asked during the interview:

1. What are the strengths of healthcare within Delaware County, not limited to those services provided by RMC? (i.e. dental, Department of Human Services {DHS}, nursing homes, etc.)
2. What are the unmet needs of healthcare within Delaware County or needs that could be improved? (i.e. These can range from addictive behaviors to chronic diseases; environmental health such as water quality, radon, or fire safety; or injuries or acts of violence.)
3. What are the most preventable health-related diagnoses in our community? (i.e. obesity, tobacco use, etc.)
4. What groups in our community are underserved regarding their healthcare needs?
5. How can RMC work with our community organizations as well as individually to improve our overall healthcare system and address our unmet needs?

130 points of contact were made resulting in 66 phone interviews. Special care was used to identify different members of our community who are especially knowledgeable about healthcare needs. The individuals detailed below are comprised of federal, tribal, regional, State, or other local health departments; public health expertise; leaders, representatives or members of medically underserved, low income, minority or chronic disease populations.

Other organizations reached were faith-based, agricultural, dental, chiropractic, vision, grocery stores, schools, and more. For a complete listing of all “Other” contacts interviewed, see “Attachment II: Community Input and Surveying.”

Special knowledge of, or expertise in, public health:

- Delma Hardin, RN, BSN, Delaware County Public Health Manager

Hardin has 28 years of professional experience in the field of public health. She has worked in Case Management for T-19 programs, immunization clinics, Women Infants Children (WIC), as well as actively performing home care services. Currently, she is the primary contact for reportable disease follow-up and emergency response for Public Health and serves on several community coalitions. Her vast education includes successful completion of a Bachelors of Science in Nursing and Psychology; Basic and Advanced courses in Epidemiology; Basic and Advanced courses in Public Information Officer; and all National Incident Management System training and requirements.

Process and Methods

Community Input and Surveying (continued)

Phone Interviews (continued)

Federal, tribal, regional, State, or local health or other departments or agencies, with current data or other information relevant to the health needs of the community served by the hospital facility:

- Shirley Helmrichs, Delaware County Supervisor
- Jeff Madlom, Delaware County Supervisor
- Jerry Ries, Delaware County Supervisor
- John W. Bernau, Delaware County Attorney
- Kathy Hauschild, Delaware County Courthouse Office Manager
- Donna Boss, Delaware County Economic Development Director
- John LeClere, Delaware County Sheriff
- Angie Billings, Delhi City Clerk/Treasurer
- Mike Noonan, Delhi City Council Member
- Greg Preussner, Delhi City Council Member
- Linda Gaul, Earlville City Clerk
- Dan Wheeler, Earlville Mayor
- Cindy Vorwald, Edgewood City Clerk
- Elise Bergen, Edgewood Economic Development Director
- Jim Stone, Edgewood Mayor
- Amy Ries, Hopkinton City Clerk
- Cathy Harris, Hopkinton Mayor
- Cynthia Kemp, Hopkinton Utility Clerk
- Lori Scovel, ISU Extension Program Director
- Jack Klaus, Manchester Chamber of Commerce Executive Director
- Janet Pottebaum, Manchester Chamber of Commerce Office Coordinator
- Bruce Trapp, Manchester Chief of Police
- Erin Learn, Manchester City Clerk
- Tim Vick, Manchester City Manager
- Milt Kramer, Manchester Mayor
- Larry Schmidt, Manchester Street Superintendent
- Natalie Ross, Ryan City Clerk
- Mike Corcoran, Ryan Mayor

Process and Methods

Community Input and Surveying (continued)

Phone Interviews (continued)

Special knowledge of medically chronic disease needs, underserved, low income, and minority populations:

- Ashley Hildebrand, PharmD, Blakesley Drug Pharmacist and Pharmacist in Charge
- Doris Marsh, RN, Delaware County Adult Day Care Director
- Melissa Kann, Edgewood Convalescent Home Administrator
- Leann Miller, Good Neighbor Society Administrator
- Sara McCool, Lincolnwood Assisted Living RN Director
- Sherry Jones, Long Term Medical Supply Licensed Respiratory Therapist and Manager
- Aaron Pauls, Penn Center Care Facility Assistant Administrator
- Bridget Bartlett, Regional Transit Authority Mobility Coordinator
- Pat Freiburger, Regional Transit Authority Driver
- Donna Smith, Scenic Valley Area VIII Agency on Aging Delaware County Coordinator/Case Manager
- Sheryl Hutchinson, Scenic Valley Area VIII Agency on Aging Site Manager
- Cheri Orcutt, The Meadows Assisted Living Director
- Mary Voelker, Widner Drug Store Front End Manager
- Bob Sack, RPh, Widner Drug Store Owner and President
- Marcia Intorf, LPN, Cpht, Widner Drug Store Unitdose Manager

CHNA Electronic Survey

An electronic survey comprised of five previously listed questions for phone interviews, was created and shared as follows, resulting in 65 completed surveys.

- Made available on our website home page
- Shared on our Facebook page
- Distributed a press release notifying our communities of our electronic CHNA survey. Four area newspapers printed the press release the week of February 4, 2013.
- Promoted our CHNA survey by including an informative slide on our Visix communications system that reaches patients, visitors, and staff throughout RMC's facility.
- Provided surveys to attendees of Second Helpings, an organization in Manchester that serves meals to those in need. 12 surveys were completed.

The majority of the surveys received were from anonymous participants.

Process and Methods

Community Input and Surveying (continued)

CHNA Prioritizing Electronic Survey

A follow-up electronic survey asking people to choose their top five priorities was shared as follows, resulting in 89 completed surveys.

- Made available on our website home page
- Shared on our Facebook page
- Emailed link to 161 individuals, most of whom had responded to our first survey
- Distributed a press release notifying our communities of the follow-up survey. Two area newspapers printed the press release the week of March 4, 2013.
- Promoted our CHNA survey by including a slide on our Visix communications system that reaches patients, visitors, and staff throughout RMC's facility.

The majority of the surveys received were from anonymous participants.

Identifying Health Problems and Needs

Following are the needs our community identified through our community input and surveying process.

Access to Quality Health Services & Support

- Adult day care services needs more expansive hours to meet the needs of our community
- Elderly lack telephone service to schedule transportation, healthcare appointments, etc.
- Increase education of financial assistance programs available for healthcare
- Increase education of support services for families
- Lack of financial assistance for purchase of eye glasses
- Lack of free or reduced price healthcare clinic for low-income/uninsured for preventative or basic cares
- Lack of home visit/follow-up program for elderly
- Lack of local blood donation center
- Lack of local DHS office
- Lack of local shelter for homeless
- Lack of low-cost eye exams
- Lack of medication delivery service for home-bound patients
- Lack of programs to assist elderly in staying in their homes
- Lack of public transportation for rural residents
- Lack of public transportation options
- Lack of Spanish interpreters
- Offer more specialty services in smaller communities surrounding Manchester

Process and Methods

Identifying Health Problems and Needs (continued)

Acute Disease

- Ability to get same-day appointment for acute illnesses
- Assistance in paying for the shingles vaccine
- Education on importance of optional immunizations (i.e. influenza, shingles)

Addictive Behaviors

- Alcohol and binge drinking usage
- Drugs usage
- Education of those programs available to address addictive behaviors and substance abuse
- Lack of programs available to address addictive behaviors and substance abuse
- Tobacco usage

Chronic Disease

- Breast cancer (conduct more screenings, educational events)
- Colon cancer (conduct more screenings)
- Diabetes (preventable)
- Heart disease (preventable)
- High blood pressure (preventable)
- Increase amount of medical specialists available to reduce referrals to outside cities
- Increase dialysis hours at hospital
- Lack of assistance for residents who do not qualify for home care but need help
- Lack of cancer treatment facility (including chemotherapy and radiation)
- Skin cancer (preventable)

Environmental Health

- Education of radon safety
- Environmental health research and improving water quality (including streams)
- Lead poisoning and screening

Process and Methods

Identifying Health Problems and Needs (continued)

Healthy Living

- Access to healthy food choices
- Access to healthy living lunch and learns or educational seminars
- Education of Weight Watchers community program in Manchester
- Increase amount of dental specialists available (i.e. Orthodontist)
- Indoor pool to utilize for exercise programs and aquatic therapy
- Lack of basic healthy meal preparation classes
- Lack of dental providers for Title 19 clients
- Lack of dental providers being a preferred provider for insurance program
- Lack of dental providers to provide care in nursing home facility for residents
- Lack of established Blue Zones initiative
- Lack of fitness facilities with a sliding fee schedule for low-income residents
- Lack of free or reduced cost dental clinic
- Lack of grocery delivery service for home-bound residents
- Lack of healthy food options at fast food establishments
- Lack of low-cost educational opportunities regarding proper eating habits and wellness/fitness
- Lack of nutritional counseling services for low-income
- Lack of recreational activities for children to do in the winter months
- Lack of screening programs/events for general public (i.e. lipid, glucose, etc.)
- Lack of screening programs/events in smaller outlying clinics around Manchester
- Lack of wellness programs at schools
- Lack of wellness programs for businesses to implement for employees
- More free wellness-related activities (education, fitness, programs) open to the public
- Need more biking and walking trails
- Obesity (preventable)
- Offer healthier food/snack options at local sporting events and concession stands

Injury & Violence

- Bullying in schools
- Education on child abuse prevention
- Head injuries and other injuries related to not wearing a helmet when riding bike, skateboarding, etc.
- Increase in violence/crime in community
- Lack of education to prevent elderly falls
- Lack of in-home safety classes (i.e. rug safety, railings, hand grips in bathrooms, etc.)

Process and Methods

Identifying Health Problems and Needs (continued)

Mental Health and Mental Disorders

- Enhance mentoring programs
- Lack of assisted living for those with dementia
- Lack of education of mental health resources that are available
- Lack of in-house residential therapy for mental health issues
- Lack of local psych department/facility
- Lack of mental health resources
- Lack of mental health providers to see youth/teenagers
- Lack of mental health therapists who take emergency calls
- Lack of resources for at-risk school age children with mental health concerns

Highest Prioritized Needs

Following the results of the prioritizing needs survey, several Focus Group sessions were held to discuss the healthcare needs identified and to outline how and/or if RMC can address these needs. These healthcare needs are listed by highest priority first.

Obesity & Nutrition Focus Group

- R. Ried Boom, MD, Regional Family Health Provider
- Delma Hardin, RN, BSN, Delaware County Public Health Manager
- Bryan Hunger, MHA, RMC Chief Provider Services Officer
- Valerie Lindsay, AA, RMC Marketing Coordinator
- Amy Mensen, MBA, RMC Chief Administrative Officer
- Donna Peitz, RD, LD, RMC Dietitian

Obesity is attributed to many factors, two of which can be poor diet and limited physical activity. The 2013 County Health Rankings & Roadmaps report 33 percent of respondents in Delaware County have a body mass index (BMI) greater than or equal to 30 kg/m² compared to the Iowa average of 29 percent.

Risk for health conditions increase with obesity, such as coronary heart disease, type 2 diabetes, cancer, hypertension, dyslipidemia, stroke, liver and gallbladder disease, sleep apnea and respiratory problems, osteoarthritis, and poor health.

Process and Methods

Identifying Health Problems and Needs (continued)

Highest Prioritized Needs (continued)

Mental Health Focus Group

- Randi Burns, LMHC, Abbe Center Outpatient Therapist
- Mary Funke, MSW, LISW, Regional Family Health Behavioral Health Therapist
- Shirley Helmrichs, Delaware County Supervisor
- Bryan Hunger, MHA, RMC Chief Provider Services Officer
- Kathy Johnson, LMSW, CADC, Abbe Center Associate Director Community Based Services
- Valerie Lindsay, AA, RMC Marketing Coordinator
- Amy Mensen, MBA, RMC Chief Administrative Officer
- Peggy Petlon, Delaware County Community Services, VA/GA Administrator, CPC
- Mary Jo Shover, LPN, Abbe Center Physician Support Services

Mental health is a facet of an individual's overall well-being. According to the 2013 County Health Rankings & Roadmaps report, people in Delaware County reported their mental health was not good 2.3 days in a 30 day period compared to the Iowa average of 2.7. This information reflects upon survey responses to the question, "Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?"

Drugs and Alcohol Focus Group

- Melanie Dill, CDAC, Helping Services for NE Iowa Community Prevention Specialist
- Delma Hardin, RN, BSN, Delaware County Public Health Manager
- Valerie Lindsay, AA, RMC Marketing Coordinator
- Amy Mensen, MBA, RMC Chief Administrative Officer
- Jenny Stolka, BA, CHES, Helping Services for NE Iowa Certified Prevention Specialist

Alcohol use in Delaware County continues to be of concern, receiving a rating of 23 percent in the 2013 County Health Rankings & Roadmaps report. By definition, this percentage indicates the percent of adults that report either:

- Binge drinking, consuming more than 4 (women) or 5 (men) alcoholic beverages on a single occasion in the past month
- Heavy drinking, drinking more than 1 (women) or 2 (men) drinks per day on average

Excessive drinking is the third leading lifestyle-related cause of death in the United States. It also increases the risk factor for many different health conditions such as alcohol poisoning, hypertension, sexually transmitted infections, unintended pregnancy, suicide, interpersonal violence, and motor vehicle crashes. In youth, binge drinking accounts for 90 percent of alcohol consumption for ages 12-17.

Process and Methods

Identifying Health Problems and Needs (continued)

Highest Prioritized Needs (continued)

In-Home Care Focus Group

- Marilyn Cunningham, RN, RMC Home Care/Hospice Assistant Manager
- Valerie Lindsay, AA, RMC Marketing Coordinator
- Amy Mensen, MBA, RMC Chief Administrative Officer
- Bob Sack, RPh, Widner Drug Owner and President
- Donna Smith, Scenic Valley Area VIII Agency on Aging Delaware County Coordinator/Case Manager

Cancer Focus Group

- Pat Doyle, RN, BSN, RMC Chief Nursing Officer
- Bryan Hunger, MHA, RMC Chief Provider Services Officer
- Timothy Gerst, MD, Regional Family Health Provider
- Valerie Lindsay, AA, RMC Marketing Coordinator
- Amy Mensen, MBA, RMC Chief Administrative Officer

Public Transportation Focus Group

- Bridget Bartlett, MSW, Regional Transit Authority Mobility Coordinator
- Joan Funke, MPA, RMC Human Resources Director
- Valerie Lindsay, AA, RMC Marketing Coordinator
- Lori McKinley, Regional Transit Authority Manager of Transit Operations
- Amy Mensen, MBA, RMC Chief Administrative Officer

Timely Appointments Focus Group

- Pat Doyle, RN, BSN, RMC Chief Nursing Officer
- Timothy Gerst, MD, Regional Family Health Provider
- Bryan Hunger, MHA, RMC Chief Provider Services Officer
- Valerie Lindsay, AA, RMC Marketing Coordinator
- Amy Mensen, MBA, RMC Chief Administrative Officer

Addressing Health Needs

RMC Strategies

Obesity and Nutrition

1. RMC will continue to be an active participant in the Healthiest Manchester initiative.
2. A Weight Watchers community program will be started and held at RMC. RMC will assist in marketing the program to maximize participation.
3. RMC will develop an internal Wellness Committee to establish plans and practices to better educate staff on the importance of physical activity and good food choices while also increasing the nutritionally sound food choices available for both staff and visitors.
4. RMC will collaborate with Fareway in Manchester to learn about the educational opportunities for a dietitian to provide tours of the grocery store for our community and label food or highlight healthy foods.
5. RMC will explore social media's role in communicating healthy eating and providing resources online.
6. RMC and Regional Family Health (RFH) will implement patient education regarding BMI.

Mental Health

7. RMC will collaborate with local organizations and county officials in the development of a mental health resource list for placement online as well as provided in print format at various locations in the community. This resource list will serve to inform and educate our residents which organizations can assist with mental health needs.

Drugs and Alcohol

8. RMC will collaborate with the Delaware County Drug Abuse Coalition, disseminating materials regarding the Social Host Ordinance through RMC mediums.
9. RMC will work with Helping Services for NE Iowa in sharing the adult binge drinking media campaign "Stay Classy".

In-Home Care

10. RMC will collaborate with Scenic Valley Area Agency on Aging, distributing materials developed by the agency through RMC mediums to better communicate those in-home services currently available in our community.

Addressing Health Needs

RMC Strategies (continued)

Cancer

11. As RMC progresses into strategic planning for the future, consideration will be given to the feasibility of providing expanded chemotherapy services.
12. RMC will explore providing skin cancer screenings at local community events (i.e. Delaware County Fair, Senior Health Fair, etc.). Screenings would include providing literature to the individual regarding prevention as well as information to make an appointment with their healthcare provider if areas of concern are identified.
13. RMC will include healthcare reminders in various marketing mediums such as on-hold messaging, Visix system, website, etc. to educate the community on cancer risk factors, guidelines for preventive screenings, and services available at RMC.

Timely Appointments

14. RMC will develop a plan to educate our community on the RFH team concept instilling the message that an ARNP or PA can serve as a primary care provider, incorporating how these providers work with physicians in patient care.
15. RFH will place more emphasis on scheduling patients' follow-up or next appointment at the time of check-out at their current appointment.
16. RFH will implement a tracking system to identify the quantity of patients who are not seen in RFH by their primary care provider that need to be assessed for an acute issue. This tracking system will determine how many of these patients are referred to the Walk-in Clinic or RMC Emergency Department and how many receive an appointment with their primary care provider within the desired time frame.

Public Transportation

17. RMC will collaborate with Regional Transit Authority (RTA) on a volunteer shuttle service for Delaware County.

CHNA Organizational Review and Implementation Process

Progress reports of our CHNA were shared throughout the development and execution phases with our IDS Leadership Council and Governing Board of Trustees. These key leaders in our organization will continue to be involved as our strategies are further executed. RMC will incorporate these strategies into the 2014 RMC Strategic Planning Meeting to ensure they are further addressed and evaluated.

Addressing Health Needs

Community Resources

Obesity and Nutrition

- Bob Holtz Wellness Center: 563-927-7311
- Body Solutions Fitness: 319-573-5936
- Delaware County Recreation Center: 563-927-8027
- ISU Extension and Outreach Food, Nutrition and Health: 563-927-4201
- RMC Nutrition Services: 563-927-7430
- Weight Watchers: 800-651-6000
- 24 Hour Total Fitness: 563-927-4967

Mental Health

- Abbe Center: 563-927-6700
- Delaware County Community Services: 563-927-5116
- RFH Behavioral Services: 563-927-7777
- Riverview Center, Inc.: 563-927-1524

Drugs and Alcohol

- Alcoholics Anonymous: 563-557-9196
- Delaware County Drug Abuse Coalition (DDAC): 563-927-3355
- Helping Services for NE Iowa: 563-582-5317
- Substance Abuse Services Center: 563-927-5112

In-Home Care

- Delaware County Adult Day Care: 563-927-2105
- Regional Medical Home Care: 563-927-7303
- Scenic Valley Area VIII Agency on Aging: 563-927-5037

Public Transportation

- RTA: 800-839-5005

Appendix

Data Sources

Service Area

- Iowa Hospital Association Dimensions Report, January-December 2012

Population Demographics

- United States Census Bureau State & County QuickFacts, 2012 Estimate
<http://quickfacts.census.gov/qfd/states/19/19055.html>

Socioeconomic Characteristics

Income

- United States Census Bureau State & County QuickFacts, 2007-2011
<http://quickfacts.census.gov/qfd/states/19/19055.html>

Unemployment

- Iowa Workforce Development, March 2013
<http://iwin.iwd.state.ia.us/pubs/etables/unemploymentrates.pdf>
<http://www.iowaworkforce.org/news/XcNewsPlus.asp?cmd=view&articleid=81>

Uninsured

- United States Census Bureau Small Area Health Insurance Estimates, 2010
<http://www.census.gov/did/www/sahie/data/interactive/>

Major Employers

- Delaware County Economic Development, October 2012

Education

- United States Census Bureau State & County QuickFacts, 2007-2011
<http://quickfacts.census.gov/qfd/states/19/19055.html>

Appendix

Data Sources (continued)

Identifying Health Problems and Needs

Highest Prioritized Needs

Obesity and Nutrition Focus Group

- County Health Rankings & Roadmaps, 2013
<http://www.countyhealthrankings.org/app/iowa/2013/measure/factors/11/map>

Mental Health Focus Group

- County Health Rankings & Roadmaps, 2013
<http://www.countyhealthrankings.org/app/iowa/2013/measure/outcomes/42/map>

Drugs and Alcohol Focus Group

- County Health Rankings & Roadmaps, 2013
<http://www.countyhealthrankings.org/app/iowa/2013/measure/factors/49/map>

Appendix

Attachment I: Specialty Clinic

Below are the services and providers available in our Specialty Clinic as of May 14, 2013.

Allergy	Brad McClimon, MD
Cardiology	Cam Campbell, MD, FACC
	UnityPoint Clinic - Cardiology
Endocrinology	Ron Iverson, MD
	Darcy Putz, MD
ENT (Ear, Nose, Throat)	Scott Huebsch, MD
	Greg White, MD
Nephrology	Connie Kramer, ARNP
	John Whalen, MD
Neurology	Shereen Chang, MD
	Robert Struthers, MD
Neurosurgery	David Segal, MD
OB/GYN	Jerry Rozeboom, MD
Oncology	Deborah Wilbur, MD
Ophthalmology	Lee Birchansky, MD
	F. Hunter Fuerste, MD
	Todd Sleep, MD
Oral Surgery	Michael Dalton, DDS
Orthopedic	Douglas Cooper, MD
	Cassandra Lange, MD
	Martin Roach, MD
Podiatry	Kelsey Harvey, DPM
Pulmonology	Jeff Wilson, MD
Rheumatology	Michael Brooks, MD
Surgery	Randall Messerly, DO
Urology	Arthur Devine, MD
	Logan Hoxie, MD
	Steven Wahle, MD

Appendix

Attachment II: Community Input and Surveying

Phone Interviews (January 1 — February 28, 2013)

Other organizations reached were faith-based, agricultural, dental, chiropractic, vision, grocery stores, schools, and more.

- Reverend Don Krause, Delaware St. Paul Lutheran Church
- Pastor John Kramer, Delhi St. John's Church
- Timothy A. Collier, DDS, Dental Associates of Manchester Dentist and Partner
- Connie Behnken, Dental Associates of Manchester Office Manager
- Pastor Tim Miller, Dundee St. John's Lutheran Church
- Pastor Jill Mack, Earlville United Parish
- Dawn Voss, Edgewood-Colesburg Schools Junior High Principal
- James F. Funke, Edgewood Del-Clay Farm Equipment President and Owner
- Cade Perrinjaquet, Edgewood Feed Mill, Inc. Feed Specialist
- Terry Kerns, Edgewood Locker Owner
- Cheryl Holtz, Edgewood St. Mark's Catholic Church
- Paul Heffernen, Fareway Manager
- Jill Roberg, Farm Service Agency Program Technician
- Pastor Paddy Druhl, Greeley United Methodist Church
- Jeannette Morehouse, Karl's Grocery Manager
- Kathy McCurdy, Main Street Market Owner
- Caroline Maloney, Maloney Meats Owner
- Carrie Borchardt, DDS, Manchester Dental Lead Dentist
- Daniel E. Mersch, OD, Manchester Family Vision Center Optometrist
- Jill McDermott, Maquoketa Valley Community Schools Guidance Counselor
- Mary Ries, Maquoketa Valley Community Schools Nurse
- Nancy Hatfield, Norby's Farm Fleet Manager
- Marty Simon, Simon's Grain and Feed, Inc. Manager
- Ruth Lueken, RN, BSN, West Delaware Community Schools Lambert/Middle School Nurse

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